

## STEWARTRY SPORTIVE 2013

## Sunday 15 September 2013 STARTING AT DALBEATTIE HIGH SCHOOL



Enjoy a great day out riding the Galloway countryside. Choice of a Short Route of 15 miles, Medium Route 50 miles or the Long Route of 75 miles on quiet roads. All routes well signed and marshalled. Start and Finish at Dalbeattie High School with parking, changing rooms, and showers post event. Feeding station on Medium and Long routes and food/drink after finishing. Timed certificate for all finishers. Event proceeds benefit local good causes.

Short 15 mile route	(E3)		Out and back, Toute summary - Daibeattle, Famackie, Geiston, Screen, Daibeattle
Medium 50 mile rou	te (£15) *		Round the Loch, route summary – Dalbeattie, Haugh of Urr, Castle Douglas, Laurieston, New Galloway, Balmaclellan, Corsock, Crocketford, Milton, Haugh of Urr,
Long 75 mile route (	£20) *		Dalbeattie  Up Country, route summary – Dalbeattie, Haugh of Urr, Castle Douglas, Laurieston, New Galloway, Cairsphairn, Knowehead, Dalry, Balmaclellan, Corsock,
* (Note £5.00 extra for	entries on the d	lay.)	Crocketford, Milton, Haugh of Urr, Dalbeattie
Registration: fro	m 8am until 15	minutes	augh Rd, Dalbeattie, DG5 4AR s before the final departure time for your chosen route Medium route 10.00am to 11.00am/Short route 11.00am, all times approximate.
You will need a bike ikit/spare inner tube.	_	order, a	ppropriate clothing including helmet, adequate food and water plus a puncture repair
First Name: PLEASE WRITE CLEAR			Last Name:
Date of Birth :		M	ale Female: (Tick one)
Email:			
Address:			
Address:			
Town			Post Code:
Mobile Phone Numb	er:		Home Telephone Number:
Club/Team: (optiona	l):		
Emergency Contact N	Name:		Emergency Contact Phone Number
my own risk and person as a result in an event and	the organise t of the event particularly I must decid	ers will t, or for when ri e if the	ortive. I am medically fit to take part and understand that I enter entirely at in no way be held responsible for any injury or illness incurred to my any property lost or damaged on the course. I am aware that when riding iding on a public road the function of the Marshals is only to indicate movement is safe.
<u>Signatures</u> (if entrar	nt is under 18 ye	ears pare	ent/guardian consent is required, no unaccompanied entrants under 16 years).
Entrant:			Date:
Parent/Guardian:			
Make cheques paval	ble to CTC Dum	fries & (	Galloway and send entry to Betty Howard, Parkstone, Barhill Rd, Dalbeattie, DG5 4JD

Any questions contact betty.howard41@btinternet.com or Phone 01556 610998.

**Entries close Wednesday 11 Sept 2013** 

OR enter on line (preferred) at <a href="www.sientries.co.uk">www.sientries.co.uk</a> or download an entry form from <a href="www.dandgcycling.org.uk">www.dandgcycling.org.uk</a>